

How to Enroll



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Contact the FBMC Service Center or the DCPS Benefits office to request an enrollment form or download it at dcps.fbmcbenefits.com/retiree.

NOTE: If you are making changes to your benefits, you must request or download an enrollment form, complete, and return post marked no later than November 14, 2025.

FBMC Service Center

Mon. - Fri., 7 a.m. - 7 p.m. ET
1-855-5MY-DCPS (1-855-569-3277)

Duval County Public Schools

Employee Benefits Department
Mon. - Fri., 7:30 a.m. - 4:30 p.m. ET
1-904-390-2351

Benefit Options

Low HMO, High HMO, and a PPO (Under 65 or Over 65 and Ineligible for Medicare)

- If you would like to change plans (i.e., change from Low HMO to High HMO), you must complete the FBMC enrollment form.

Dental, Vision, Identity Theft Protection, IT Technology Support, Hearing Aid Benefit, and PetPlus

If you would like to enroll in or change plans (i.e., change from Humana Traditional Preferred PPO to Humana DHMO; add Identity Theft Protection, etc.), you must complete the FBMC enrollment form.

Cancellations

If you do not wish to continue your Florida Blue Medical, Group Term Life, Dental, Vision, Hearing, PetPlus, Identity Theft Protection, and/or IT Technology Support, place an "X" in the box next to "cancel" on the enrollment form. If you choose to cancel your coverage, your spouse and/or dependent child(ren) cannot remain on the canceled plan.

If you have an existing policy with Allstate, Unum, AFLAC or Trustmark and wish to cancel or change coverage, you must contact the providers directly – see the Retiree Benefits Directory for contact information.

Cancellations completed during Open Enrollment will be processed effective Jan. 1, 2026 unless the request is made for a sooner date.

Changing Your Coverage

Changes During the Year

If you experience a permitted qualifying event, you may be allowed to change your benefits selections during the year. Qualifying events include, but are not limited to change in marital status, number of dependents, employment status, residence, HIPAA special enrollment rights, etc. See full terms and conditions at dcps.fbmcbenefits.com/changing-your-benefits.

Mid-year changes will be effective on a prospective basis only, meaning that the District will process all approved mid-year changes on the first day of the month after you have completed a benefits change form and have submitted all required supporting documentation.